



	FREESTYLE							BREASTSTROKE				BACKSTROKE				BUTTERFLY				CHOICE	
2025	25	50	100	200	400	800	1500	25	50	100	200	25	50	100	200	25	50	100	200	200	400
07 October	11	12	13					8	9	10		5	6	7		2	3	4		1	
14 October	2	3	4					5	6	7		8	9	10		11	12	13			1
21 October	11	12	13					2	3	4		5	6	7		8	9	10		1	
28 October	8	9	10					11	12	13		2	3	4		5	6	7			1
4 November	5	6	7					8	9	10		11	12	13		2	3	4			1DC (IM)
11 November	2	3	4			1DC		5	6	7		8	9	10		11	12	13			
18 November	11	12	13			1DC		2	3	4		5	6	7		8	9	10			
25 November	8	9	10				1DC	11	12	13		2	3	4		5	6	7			
02 December	5	6	7					8	9	10		11	12	13		2	3	4			1DC (IM)
09 December	Mid Season Fun Evening																				
	FREESTYLE							BREASTSTROKE				BACKSTROKE				BUTTERFLY				CHOICE	
2026	25	50	100	200	400	800	1500	25	50	100	200	25	50	100	200	25	50	100	200	200	400
27 January	2	3	4					5	6	7		8	9	10		11	12	13		1	
03 February	11	12	13					2	3	4		5	6	7		8	9	10	1DC		
10 February	8	9	10					11	12	13	1DC	2	3	4		5	6	7			
17 February	5	6	7					8	9	10		11	12	13	1DC	2	3	4			
24 February	2	3	4		1DC			5	6	7		8	9	10		11	12	13			
03 March	11	12	13					2	3	4		5	6	7		8	9	10			1
10 March	8	9	10					11	12	13		2	3	4		5	6	7		1	
17 March	Club Championships, Night 1																				
24 March	Club Championships, Night 2																				
31 March	Season End Fun Night																				